

SSDS ~ HomeMade by Shosh ~ Upper School Lunch Program



WEDNESDAY, FEBRUARY 1, 2012
MONDAY, JUNE 18, 2012

Meals are prepared in the school's kitchen with all kosher ingredients. Lunches are cooked from scratch and are made with wholesome ingredients with no preservatives. They are nutritious and plentiful. Meals will be provided on **Mondays, Wednesdays & Thursdays.**

Each lunch costs \$7.00 and includes a main course, a side dish, fresh vegetable, fresh fruit, a drink, hot chocolate or juice, and a complimentary cupcake to mark students' birthday.

Minimum meal orders: For one child: 20 meals, for two children: 10 meals per child

Please fill out a separate order form for each child with the information requested below even if you have done so in the past. THANKS!

For additional forms go to www.ssdsboston.org. → 'Current Families', → 'Lunch Program', → 'HomeMade by Shosh'.

Parent's Name (please print): _____ Phone: _____

Email (Please print): _____

Address (please print): _____

Street City Zip
(Your address, telephone number and email will be used solely for the purposes of communication about your order)

Student's Name: _____ Grade: _____ Date of Birth: _____

Food Allergies (please specify): _____

Specials

Monday, March 19: **Sushi**
Monday, May 21: **Blintzes**

M O N	<u>Wafers & Eggs</u> Salad, Fruit Hot Choc. or cookie	<u>Mac & Ch</u> Garlic bread Salad, Fruit Hot Choc. or cookie	<u>Hummus</u> Pita bread Salad, Fruit Hot Choc. or cookie	<u>Cheese & Veggie Quiche</u> Garlic bread Salad, Fruit Hot Choc. or cookie	
W E D	<u>Burritos</u> Corn Celery, Fruit Hot Choc. or cookie	<u>Pasta</u> Pizza Bagels Celery, Fruit Hot Choc. or cookie	<u>Grilled Cheese</u> Tater Tots Celery, Fruit Hot Choc. or cookie	<u>Mexican Bean Soup</u> 1/2 Grilled Cheese Celery, Fruit Hot Choc. or cookie	
T H R	<u>Quesadilla</u> Corn Carrots, Fruit Hot Choc. or cookie	<u>Baked Ziti</u> Corn Carrots, Fruit Hot Choc. or cookie	<u>Fish sticks</u> Tater Tots Carrots, Fruit Hot Choc. or cookie	<u>Hot & Sour Soup</u> W/tofu Pita Bread Carrots, Fruit Hot Choc. or cookie	<u>Lasagna</u> Garlic bread Carrots, Fruit Hot Choc. or cookie

FEBRARY 2012

Monday	Tue.	Wednesday	Thursday	Fri.	Sat.	Sun
		1 ☐ Burritos ☐ Pasta ☐ Grilled Cheese ☐ Soup & sandwich ☐ From Mon./Thu selection	2 ☐ Quesadilla w/cheese ☐ Baked Ziti ☐ Fish Sticks ☐ Lasagna ☐ Chinese Soup ☐ From Mon./Wed. selection	3	4	5
6 ☐ Wafers & eggs ☐ Hummus ☐ Mac & Cheese ☐ Quiche ☐ From Wed./Thu selection	7	8 ☐ Burritos ☐ Pasta ☐ Grilled Cheese ☐ Soup & sandwich ☐ From Mon./Thu selection	9 ☐ Quesadilla w/cheese ☐ Baked Ziti ☐ Fish Sticks ☐ Lasagna ☐ Chinese Soup ☐ From Mon./Wed. selection	10	11	12
13 ☐ Wafers & eggs ☐ Hummus ☐ Mac & Cheese ☐ Quiche ☐ From Wed./Thu selection	14	15 ☐ Burritos ☐ Pasta ☐ Grilled Cheese ☐ Soup & sandwich ☐ From Mon./Thu selection	16 ☐ Quesadilla w/cheese ☐ Baked Ziti ☐ Fish Sticks ☐ Lasagna ☐ Chinese Soup ☐ From Mon./Wed. selection	17	18	19
20 CLOSED: February vacation	21	22 CLOSED: February vacation	23 CLOSED: February vacation	24	25	26
27 ☐ Wafers & eggs ☐ Hummus ☐ Mac & Cheese ☐ From Wed./Thu selection	28	29 ☐ Burritos ☐ Pasta ☐ Grilled Cheese ☐ Soup & sandwich ☐ From Mon./Thu selection	Total numbers of meals this page: _____			

MARCH 2012

Monday	Tue.	Wednesday	Thursday	Fri.	Sat.	Sun
			1 ☐ Quesadilla w/cheese ☐ Baked Ziti ☐ Fish Sticks ☐ Lasagna ☐ Chinese Soup ☐ From Mon./Wed. selection	2	3	4
5 ☐ Wafers & eggs ☐ Hummus ☐ Mac & Cheese ☐ Quiche ☐ From Wed./Thu selection	6	7 ☐ Burritos ☐ Pasta ☐ Grilled Cheese ☐ Soup & sandwich ☐ From Mon./Thu selection	8 PURIM 11:40 Dismissal	9	10	11
12 ☐ Wafers & eggs ☐ Hummus ☐ Mac & Cheese ☐ Quiche ☐ From Wed./Thu selection	13	14 ☐ Burritos ☐ Pasta ☐ Grilled Cheese ☐ Soup & sandwich ☐ From Mon./Thu selection	15 ☐ Quesadilla w/cheese ☐ Baked Ziti ☐ Fish Sticks ☐ Lasagna ☐ Chinese Soup ☐ From Mon./Wed. selection	16	17	18
19 SUSHI ☐ Wafers & eggs ☐ Hummus ☐ Mac & Cheese ☐ Quiche ☐ From Wed./Thu selection <i>Special</i>	20	21 NO CLASSES: P-T Conferences	22 8 IN ISRAEL ☐ Quesadilla w/cheese ☐ Baked Ziti ☐ Fish Sticks ☐ Lasagna ☐ Chinese Soup ☐ From Mon./Wed. selection	23	24	25
26 8 IN ISRAEL ☐ Wafers & eggs ☐ Hummus ☐ Mac & Cheese ☐ Quiche ☐ From Wed./Thu selection	27	28 8 IN ISRAEL ☐ Burritos ☐ Pasta ☐ Grilled Cheese ☐ Soup & sandwich ☐ From Mon./Thu selection	29 8 IN ISRAEL ☐ Quesadilla w/cheese ☐ Baked Ziti ☐ Fish Sticks ☐ Lasagna ☐ Chinese Soup ☐ From Mon./Wed. selection	30	31	
Total numbers of meals this page: _____						


APRIL 2012

Monday	Tue.	Wednesday	Thursday	Fri.	Sat.	Sun
2 8 IN ISRAEL <input type="checkbox"/> Wafers & eggs <input type="checkbox"/> Hummus <input type="checkbox"/> Mac & Cheese <input type="checkbox"/> Quiche <input type="checkbox"/> From Wed./Thu selection	3	4 8 IN ISRAEL <input type="checkbox"/> Burritos <input type="checkbox"/> Pasta <input type="checkbox"/> Grilled Cheese <input type="checkbox"/> Soup & sandwich <input type="checkbox"/> From Mon./Thu selection	5 8 IN ISRAEL <input type="checkbox"/> Quesadilla w/cheese <input type="checkbox"/> Baked Ziti <input type="checkbox"/> Fish Sticks <input type="checkbox"/> Lasagna <input type="checkbox"/> Chinese Soup <input type="checkbox"/> From Mon./Wed. selection	6	7	8
9 Pesach: CLOSED	10	11 Pesach: CLOSED	12 Pesach: CLOSED	13	14	15
16 Pesach: CLOSED	17	18 <input type="checkbox"/> Burritos <input type="checkbox"/> Pasta <input type="checkbox"/> Grilled Cheese <input type="checkbox"/> Soup & sandwich <input type="checkbox"/> From Mon./Thu selection	19 <input type="checkbox"/> Quesadilla w/cheese <input type="checkbox"/> Baked Ziti <input type="checkbox"/> Fish Sticks <input type="checkbox"/> Lasagna <input type="checkbox"/> Chinese Soup <input type="checkbox"/> From Mon./Wed. selection	20	21	22
23 <input type="checkbox"/> Wafers & eggs <input type="checkbox"/> Hummus <input type="checkbox"/> Mac & Cheese <input type="checkbox"/> Quiche <input type="checkbox"/> From Wed./Thu selection	24	25 <input type="checkbox"/> Burritos <input type="checkbox"/> Pasta <input type="checkbox"/> Grilled Cheese <input type="checkbox"/> Soup & sandwich <input type="checkbox"/> From Mon./Thu selection	26 Yom Ha'atzmaut Falafel lunch provided by school	27	28	29
30 <input type="checkbox"/> Wafers & eggs <input type="checkbox"/> Hummus <input type="checkbox"/> Mac & Cheese <input type="checkbox"/> Quiche <input type="checkbox"/> From Wed./Thu selection	Total numbers of meals this page: _____					

MAY 2012

Monday	Tue.	Wednesday	Thursday	Fri.	Sat.	Sun
	1	2 <input type="checkbox"/> Burritos <input type="checkbox"/> Pasta <input type="checkbox"/> Grilled Cheese <input type="checkbox"/> Soup & sandwich <input type="checkbox"/> From Mon./Thu selection	3 <input type="checkbox"/> Quesadilla w/cheese <input type="checkbox"/> Baked Ziti <input type="checkbox"/> Fish Sticks <input type="checkbox"/> Lasagna <input type="checkbox"/> Chinese Soup <input type="checkbox"/> From Mon./Wed. selection	4	5	6
7 <input type="checkbox"/> Wafers & eggs <input type="checkbox"/> Hummus <input type="checkbox"/> Mac & Cheese <input type="checkbox"/> Quiche <input type="checkbox"/> From Wed./Thu selection	8	9 <input type="checkbox"/> Burritos <input type="checkbox"/> Pasta <input type="checkbox"/> Grilled Cheese <input type="checkbox"/> Soup & sandwich <input type="checkbox"/> From Mon./Thu selection	10 <input type="checkbox"/> Quesadilla w/cheese <input type="checkbox"/> Baked Ziti <input type="checkbox"/> Fish Sticks <input type="checkbox"/> Lasagna <input type="checkbox"/> Chinese Soup <input type="checkbox"/> From Mon./Wed. selection	11	12	13
14 <input type="checkbox"/> Wafers & eggs <input type="checkbox"/> Hummus <input type="checkbox"/> Mac & Cheese <input type="checkbox"/> Quiche <input type="checkbox"/> From Wed./Thu selection	15	16 <input type="checkbox"/> Burritos <input type="checkbox"/> Pasta <input type="checkbox"/> Grilled Cheese <input type="checkbox"/> Soup & sandwich <input type="checkbox"/> From Mon./Thu selection	17 <input type="checkbox"/> Quesadilla w/cheese <input type="checkbox"/> Baked Ziti <input type="checkbox"/> Fish Sticks <input type="checkbox"/> Lasagna <input type="checkbox"/> Chinese Soup <input type="checkbox"/> From Mon./Wed. selection	18	19	20
21 <input type="checkbox"/> BLINZES <input type="checkbox"/> Wafers & eggs <input type="checkbox"/> Hummus <input type="checkbox"/> Mac & Cheese <input type="checkbox"/> Quiche <input type="checkbox"/> From Wed./Thu selection	22	23 <input type="checkbox"/> Burritos <input type="checkbox"/> Pasta <input type="checkbox"/> Grilled Cheese <input type="checkbox"/> Soup & sandwich <input type="checkbox"/> From Mon./Thu selection	24 <input type="checkbox"/> Quesadilla w/cheese <input type="checkbox"/> Baked Ziti <input type="checkbox"/> Fish Sticks <input type="checkbox"/> Lasagna <input type="checkbox"/> Chinese Soup <input type="checkbox"/> From Mon./Wed. selection	25	26	27
28 CLOSED – Memorial Day	29	30 <input type="checkbox"/> Burritos <input type="checkbox"/> Pasta <input type="checkbox"/> Grilled Cheese <input type="checkbox"/> Soup & sandwich <input type="checkbox"/> From Mon./Thu selection	31 <input type="checkbox"/> Quesadilla w/cheese <input type="checkbox"/> Baked Ziti <input type="checkbox"/> Fish Sticks <input type="checkbox"/> Lasagna <input type="checkbox"/> Chinese Soup <input type="checkbox"/> From Mon./Wed. selection			
Total numbers of meals this page: _____						

JUNE 2012

Monday	Tue.	Wednesday	Thursday	Fri.	Sat.	Sun	
4 <input type="checkbox"/> Wafers & eggs <input type="checkbox"/> Hummus <input type="checkbox"/> Mac & Cheese <input type="checkbox"/> Quiche <input type="checkbox"/> From Wed./Thu selection	5	6 <input type="checkbox"/> Burritos <input type="checkbox"/> Pasta <input type="checkbox"/> Grilled Cheese <input type="checkbox"/> Soup & sandwich <input type="checkbox"/> From Mon./Thu selection	7 <input type="checkbox"/> Quesadilla w/cheese <input type="checkbox"/> Baked Ziti <input type="checkbox"/> Fish Sticks <input type="checkbox"/> Lasagna <input type="checkbox"/> Chinese Soup <input type="checkbox"/> From Mon./Wed. selection	8	9	10	
11 <input type="checkbox"/> Wafers & eggs <input type="checkbox"/> Hummus <input type="checkbox"/> Mac & Cheese <input type="checkbox"/> Quiche <input type="checkbox"/> From Wed./Thu selection	12	13 Gr. 7 away in DC <input type="checkbox"/> Burritos <input type="checkbox"/> Pasta <input type="checkbox"/> Grilled Cheese <input type="checkbox"/> Soup & sandwich <input type="checkbox"/> From Mon./Thu selection	14 Gr. 7 away in DC <input type="checkbox"/> Quesadilla w/cheese <input type="checkbox"/> Baked Ziti <input type="checkbox"/> Fish Sticks <input type="checkbox"/> Lasagna <input type="checkbox"/> Chinese Soup <input type="checkbox"/> From Mon./Wed. selection	15	16	17	
18 Gr. 8 not in: Last Day <input type="checkbox"/> Wafers & eggs <input type="checkbox"/> Hummus <input type="checkbox"/> Mac & Cheese <input type="checkbox"/> Quiche <input type="checkbox"/> From Wed./Thu selection	19	Total numbers of meals this page: _____					

Price per meal: \$7 Minimum orders: 20 per 1/2 year per child, 10 per 1/2 year for two kids. Total number of meals ordered: _____ X \$7. Total attached: _____.

Please make check payable to HomeMade by Shosh & return along with the completed forms by Friday, January 13. **THANKS!**

For office use only

Check #: _____ Birthday: _____ Comments: _____

Happy Hannukah